



**HOURS:**  
**Monday—Thursday:**  
**9 am—3:30 pm**

**Friday: 9am-12**  
**9 am—12 pm**



Mon	Tue	Wed	Thu	Fri
				1 9 am: Bocce 10:30 am: Social Singers (Clubhouse) 9 am: Zumba Gold
4 9 am: SS Classic 9 am: Bocce 9 am: Social Bridge 10 am: Caregiver Support 10:30 am Tai Chi 2 pm: Gentle Yoga	5 10:15 am: SS Line Dance 11:30 am: Canasta 2 pm: Strength & Mobility	6 9 am: SS Classic 9 am: Bocce 10 am: Wed. Walkers 10 am: Knit/Crochet	7 AARP Tax Aide— By Appt Only 10:15 am: SS Line Dance 11:30 am: Canasta 2 pm: Strength & Mobility	8 9 am: Zumba Gold 9 am: Bocce
11 9 am: SS Classic 9 am: Bocce 9 am: Social Bridge 10:30 am: Art 10:30 am: Tai Chi 1:30 pm Laughter for Wellness FREE Workshop 2 pm: Gentle Yoga	12 9:15 am: Core Strength 10:15 am: SS Line Dance 11:30 am: Canasta 12 pm: Lunch & Learn: Newtown Hearing Center 2 pm: Strength & Mobility	13 9 am: SS Classic 9 am: Bocce 10 am: Wed. Walkers 10 am: Knit/Crochet 2 pm: TechSmart: Free Support/Help	14 AARP Tax Aide— By Appt Only 9:15 am: Core Strength 10:15 am: SS Line Dance 11:30 pm: Canasta 2 pm: Strength & Mobility	15 9 am: Zumba Gold 9 am: Bocce 10:30 am: Social Singers (Clubhouse)
18 9 am: SS Classic 9 am: Bocce 9 am: Social Bridge 10:30 am Tai Chi 1:30 pm: Laughter for Wellness 2 pm: Gentle Yoga	19 9:15 am: Core Strength 10:15 am: SS Line Dance 11:30 am: Canasta 2 pm: Strength & Mobility	20 9 am: SS Classic (amp) 9 am: Bocce 10 am: Wed. Walkers 10 am: Knit/Crochet 1 pm: Movie: Past Lives	21 AARP Tax Aide— By Appt Only DAY TRIP: MACON 9:15 am: Core Strength 10:15 am: SS Line Dance 11:30 am: Canasta 2 pm: Strength & Mobility	22 9 am: Zumba Gold 9 am: Bocce
25 9 am: SS Classic 9 am: Bocce 9 am: Social Bridge 10:30 am: Art 10:30 am: Tai Chi 1:30 pm: Laughter for Wellness 2 pm: Gentle Yoga	26 9:15 am: Core Strength 10 am: Bookclub: The Dictionary of Lost Words 10:15 am: SS Line Dance 11:30 am: Canasta 2 pm: Strength & Mobility 2 pm: Tech Smart: Understanding the Phone App	27 9 am: SS Classic (amp) 9 am: Bocce 10 am: Wed. Walkers 10 am: Knit/Crochet 1 pm: Cooking: Healthy Ramen Bowls	28 AARP Tax Aide— By Appt Only 9:15 am: Core Strength 10:15 am: SS Line Dance 11:30 am: Canasta 12 pm: Potluck Lunch 2 pm: Strength & Mobility 6 pm: JC Vet Assoc Mtg	29 9 am: Zumba Gold 9 am: Bocce 10 am: Xtreme Trivia