



ADAPTIVE RECREATION

NORTH FULTON SPECIAL NEEDS
PROGRAM GUIDE



Created in partnership with the cities of Alpharetta, Johns Creek, Milton, Roswell, and Ed Isakson YMCA.

All Adaptive Recreation Programs & Events are designed to expose participants to new experiences, enhance self-esteem, self-confidence, independence, and promote community involvement.

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About Us

North Fulton Special Needs Services and Expo is dedicated to the education, enrichment, and support of those with special needs within the North Fulton Community.

It takes a village, and in this case, multiple cities. The cities of Alpharetta, Johns Creek, Milton, Roswell, and Ed Isakson YMCA have partnered together to provide the individuals and families of North Fulton a single place to learn about and access adaptive and special needs programming, classes, camps, sports, special events, and more.

ADVOCATING

for people with disabilities.

PARTNERING

to benefit the overall community.

NETWORKING

to build cooperative relationships.



SPORTS & FITNESS

CITY OF ALPHARETTA

ICAN BIKE- ALPHARETTA 2022

Your special needs child, friend, family member, or acquaintance can learn how to ride a two-wheeled bicycle without the need for adaptive devices. To register for iCan Bike, complete the application at www.icanbikealpharetta.org/

AGES: 8 and older

LOCATION: The Cooler/Alpharetta Family Skate Center, 10800 Davis Drive

INSTRUCTORS: Officer Clay and Officer Elfreth

COST: \$200

DATES: June 20 - June 24, Mon-Fri

TIME: 8am-5pm

ADAPTIVE SWIM NIGHTS

A free swim night for community members with physical or cognitive disabilities and their families.

DATES: Jun 12 / Jul 17 / Aug 21

TIME: 6pm-8pm

LOCATION: Wills Park Pool, 1815 Old Milton Parkway

COST: FREE

For more information call 678-297-6107.

ADAPTIVE NEVERLAND AQUATICS

Offers basic swim lessons and adaptive swim team. Contact Neverland at 770-827-6373 or visit www.adaptiveswim.com.

AGES: 2 and older

LOCATION: Adult Aquatic Center, 200 Dobbs Dr.

CAMP MOE-MENTUM

Campers participate in new programs that encourage movement and the making of friends. This inclusive camp focuses on a variety of fitness and fine motor activities. Campers must be independent in toileting, be able to stay with the group and follow instructions. All activities are modified so that each camper is successful at their own level.

LOCATION: Union Hill Park, 1590 Little Pine Trail

INSTRUCTOR: Maureen "Moe" Wales, retired Special Ed. Adapted PE teacher

SUPPLY FEE: \$10 is payable to the instructor on the first day of camp for arts & craft materials

AGES: 5-13

COST: \$90 Tue-Fri; \$110 Mon-Fri

DATES: May 31-June 3; Jun 6-June 10

TIME: 9am-12pm

AGES: 13+

COST: \$220 Mon-Fri

DATES: June 13 -June 17; June 20 - June 24

TIME: 9am-3pm

To register email moewales@gmail.com.

NORTH FULTON SPECIAL NEEDS FIELD DAY 2022

Cities of Alpharetta, Johns Creek, Milton and Roswell and Ed Isakson/Alpharetta Family YMCA combine for this event for those with special needs.

The event will be held **Saturday, September 17, 10 a.m.-1 p.m.** at the Alpharetta Community Center Event Lawn.

This is a day of play, relays, games and activities for individuals with disabilities and their families. All ages are welcome and it is open to all abilities.

CITY OF JOHNS CREEK

SPECIAL NEEDS UNIFIED FLAG FOOTBALL - SPECIAL K'S

The Recreation and Parks Division and our partner Special K's, invite athletes with special needs (ages 8 and older) to train and compete in flag football. These athletes will be teamed with peers without disabilities as they learn skills, how the game is played, sportsmanship, all in a fun environment.

DATE: Saturdays in March, April, and May

TIME: Morning

LOCATION: Newtown Park

COST: Free

AGES: 8 and older

INFO: For more information contact specialksgeorgia@gmail.com

WEBSITE: <https://specialksgeorgia.weebly.com/>

NORTH FULTON UNITED SOCCER LEAGUE

North Fulton United Soccer League is a unified soccer league based in Johns Creek. Unified sports team athletes with disabilities with non-disabled peers. In its third season, the league has over 100 athletes and unified partners. For more info, visit: www.northfultonunited.org.



This is not a drop off event, but a family/friend participation event.

This Adaptive Recreation Program & Event is designed to expose participants to new experiences, enhance self-esteem, self-confidence, and independence in a fun and safe environment. Snacks and lunch will be provided while supplies last.

Pre-registration is required and this is a free activity. Register at www.alpharetta.ga.us/registration.

For more information call 678-297-6100 or email recreation@alpharetta.ga.us.

NORTH METRO MIRACLE LEAGUE (NMML)

North Metro Miracle League is entering 22nd years of service to the community; the entire community, not just the Special Needs community. By creating adapted programming that will embrace every hopeful athlete or camper, no matter how profound the disability, all can be included. We blend in "BUDDIES" (volunteers) from area Middle Schools, High Schools and Faith Based youth groups to assist participants in activities.

ADAPTED SOFTBALL:

Spring and Fall 8-week seasons.
Saturday Game Days, Alpharetta's North Park
Five levels of competition, Assisted T-ball to Special Olympic Statewide Championships

GYMNASTICS - B.R.A.V.E

B.R.A.V.E (Bee-Radiant-Active-Vibrant-Energetic) gymnastics class is designed to help improve fitness, hand eye coordination, motor skills, balance, strength, flexibility and sensory and spatial awareness for children with special needs who are independent, while doing gross motor skill activities, yet require a smaller class size.

AGES: 4-10

LOCATION: Alpharetta Community Center, 175 Roswell Street

COST: \$55 Resident/\$82.50 Non-Resident

To register online visit www.alpharetta.ga.us/registration.

For more information call 678-297-6100 or email recreation@alpharetta.ga.us.

CITY OF ROSWELL

BASEBALL

Saturdays, Designed in a clinic format to teach basic skills of baseball. Each session is guided by staff and volunteers and will consist of various games and activities.

AGES: 5 - 12/ 12 - 17

COST: \$30 Residents - \$45 Non-Residents

DATE: Saturdays

TIME: 9:30am -10:30am and 10:45am -11:45am

SOCCER

Designed in a clinic format to teach basic skills of soccer. Each session is guided by staff and volunteers and will consist of various games and activities.

AGES: 5 - 12/ 12 - 17

COST: \$30 Residents - \$45 Non-Residents

DATE: Saturdays

TIME: 9:30am -10:30am and 10:45am -11:45am

BASKETBALL

Designed in a clinic format to teach basic skills of basketball. Each session is guided by staff and volunteers and will consist of various games and activities.

AGES: 5 - 12/ 12 - 17

COST: \$30 Residents - \$45 Non-Residents

DATE: Saturdays

TIME: 6pm -6:45pm and 7pm - 7:45 pm

TENNIS

Participants will learn basic tennis skills and strokes including forehand, backhand, serves, and more. Taught by Special Pops Tennis.

AGES: 10+

COST: Free

DATE: Tuesdays

TIME: 6:30pm - 7:30pm

ADAPTIVE PADDLE BOARDING

Using the onit ability paddleboard, our certified adaptive paddling instructor will help individuals enjoy this fun water activity. The board accommodates a wheelchair. Contact the instructor directly at roswellgap@gmail.com or call 770-722-3972.

AGES: 10+

COST: \$60 per session

DATE: Seasonal, times vary.

AQUATIC FUN & FITNESS

This is an introductory level class that incorporates fun aquatic activities designed to increase strength, flexibility, and endurance. Water shoes encouraged. AGES: 10+

COST: \$20 Residents - \$30 Non-Residents

DATE: Thursdays

TIME: 6pm - 7pm

YOGA

Build strength, flexibility, and balance in the body and mind. The intention of this program is to develop skills to manage stress, improve focus, and increase body awareness.

AGES: 12+

COST: \$40 Residents - \$60 Non-Residents

DATE: Tuesdays

TIME: 6pm - 7pm

To register and for exact locations, please visit the City of Roswell website at www.Roswellgov.com/adaptive or email adaptiverecreations@roswellgov.com.

RECREATION

CITY OF ALPHARETTA

CAMP HAPPY HEARTS

Camp offers a fun, summer day-camp experience appropriate for children with special needs, who have sufficient skills to engage appropriately with a group of children in activities consistent with program goals. Activities include swimming, arts and crafts, games, sports, field trips and much more! All new campers must be interviewed prior to registration. **Interviews begin in February**; contact 678-297-6115 for an appointment.

AGES: 6-12

LOCATION: The Lionheart School

COST: \$150 Alpharetta & Milton Resident / \$225 Non-Resident

To register call 678-297-6100.

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EXCEPTIONAL STEAMers SUMMER CAMP

This is a camp for children with special needs who enjoy learning about STEAM(Science, Technology, Engineering, Art and Math). This fun and engaging camp will explore robots and conduct science experiments, along with crafts, movement, and games. Camp gives students with disabilities a chance to experience hands-on learning and see themselves as scientists! This camp is designed to incorporate all cognitive abilities. All camps held at NMML Adaptive field at North Park.

YOUTH

AGES: 5-12

DATES: June 6-10 and June 13-17

TIME: 9am-12pm

TEENS

Camp for special needs teens that will provide experiences for building real-world living skills to help navigate today's community. Activities include social skills, job skills, arts and crafts, sports and more.

AGES: 13-18

DATES: June 20-24 and June 27-July 1

TIME: 9am-3pm

JULY DAY CAMPS: TBD

For more information or to register, please visit www.nmml.net.



**ALPHARETTA ARTS CENTER
ADAPTIVE PROGRAMS
SPRING 2022**

**ADAPTIVE ART WITH NEW HEIGHTS
ACADEMY**

All students with disabilities have the potential to express themselves through art. It is our responsibility to create these opportunities for our students, as independently as possible, to access artmaking.

Through adapting art tools, media, and techniques, students will have these opportunities! \$20 supply fee due to instructor on the first day of class.

AGES: 9 to 18

COST: FREE

FEE: \$20 supply fee due to the instructor on the first day of class.

DATES: Mar. 7 - Mar. 28

TIME: 6pm - 6:45pm

ACTIVITY NUMBER: #27969

**ADAPTIVE: ADAPTIVE ART - MIXED MEDIA WITH
LIONHEART**

Art class uses a variety of mediums geared specifically towards young adults with autism and other neurodevelopmental differences. This class will meet at the Crabapple Government Center located at 12624 Broadwell Road, Alpharetta, GA 30004.

AGES: 16+

COST: Free (Pre-registration required)

FEE: \$40 supply fee due to instructor on the first day of class.

DATES: Mar. 3 - Mar. 31 (Thursdays)

TIMES: 4pm - 5pm

ACTIVITY NUMBER: #28038

**T(W)EEN SHENANIGANS IMPROV WITH AUTISM
IMPROVISED**

Your tween or young teen will love our Shenanigans Improv classes targeted just to them! Meeting weekly, our classes are energetic and fun-filled. It's fun with a purpose - to grow in understanding of social communication and develop teamwork, listening, and responding skills. *No class the week April 4 - 9.

AGES: 11 to 15

COST: \$275 Residents / \$412.50 Non-Residents

DATES: Mar. 9 - May 4 (Wednesdays)

TIME: 4:45pm - 5:45pm

ACTIVITY NUMBER: #28016

**SHENANIGANS IMPROV WITH AUTISM
IMPROVISED**

Shenanigans Improv classes are energetic and laughter-filled. Learn improv while gaining a better understanding of social communication - being in the moment, listening, accepting new ideas, and responding in context. A great space to hone these skills in a supportive team environment. No experience needed - just come prepared to have fun! * No class the week April 4 - 9.

AGES:16+

COST: \$360 Residents / \$540 Non-Residents

DATES: Mar. 9 - May 4 (Wednesdays)

TIME: 4:45pm - 5:45pm

ACTIVITY NUMBER: #28015

CODE BREAKERS WITH AUTISM IMPROVISED

Through improvised real-life role play and debriefing (and a bit of improv fun along the way), Code Breakers prepares our participants for interpersonal success on campus, at work, and in life by strengthening critical thinking and self-advocacy skills. This program is targeted to young adults needing low support who are headed to, or in, college and competitive employment. * No class the week April 4 - 9.

AGES: 16+

COST: \$300 Residents / \$450 Non-Residents

DATES: Mar. 7 - Apr 18 (Mondays)

TIME: 5pm - 6pm

ACTIVITY NUMBER: #28017

Alpharetta Arts Center
238 Canton Street

For more information or to register online visit: www.alpharetta.ga.us/arts-culture or call 678.297.6135.

ALPHARETTA YMCA

The Alpharetta YMCA offers Adaptive Fitness Classes for teens and young adults with special needs Tuesday and Thursday late afternoons. Please contact Karen Wise krwise1@comcast.net to find out more information.

CITY OF MILTON

VILLAGE VOLUNTEERS

The Village Volunteers is a volunteer social activities group serving adults with disabilities that have aged out of the public school system. The group's meetup dates, times and locations for 2022 are to be determined. Activities include cooking and art projects, along with an outing into the community once a month. Parents or caretakers must accompany the member.

This activities group is solely supported by local volunteers. Space is limited. For more info, email Villagevolunteers@yahoo.com

For more, visit: www.cityofmiltonga.us/residents/special-needs-resources/

CAMP JOYFUL SOLES

Camp Joyful Soles is Milton's summer day camp for children with special needs, aged 13-22.

This small, specialized camp is limited to 25-30 participants each week and includes: arts and crafts, games, music, art and drama therapy, special guests, field trips and swimming once a week. Those wishing to register for Camp Joyful Soles in summer 2022 can do so starting in January. Participants can register for single weeks or all seven.

For more information, visit www.cityofmiltonga.us/government/parks-rec/camp-joyful-soles.

AGES: 13 - 22

COST: \$175 Residents / \$262.50 Non-Residents

DATES: Begins in June. Runs for seven weeks.

LOCATIONS: Mill Springs Academy, 13660 New Providence Rd., Milton, GA

CITY OF ROSWELL

MOVEMENT AND MUSIC

Build fitness, self-esteem, and creative expression. Each class will give participants a chance to express their uniqueness through movement and creative dancing. Different movement props will be incorporated throughout the program.

AGES: 14+

COST: Free

DATE: Tuesdays

TIME: 4pm - 5pm

To register and for exact locations, please visit the City of Roswell website at www.Roswellgov.com/adaptive or email adaptiverecreations@roswellgov.com.

SOCIAL & SPECIAL EVENTS

CITY OF ALPHARETTA

NORTH METRO MIRACLE LEAGUE (NMML)

North Metro Miracle League is entering 22nd years of service to the community; the entire community, not just the Special Needs community. By creating adapted programming that will embrace every hopeful athlete or camper, no matter how profound the disability, all can be included. We blend in "BUDDIES" (volunteers) from area Middle Schools, High Schools and Faith Based youth groups to assist participants in activities.

FAMILY RETREATS LAKE OCONEE:

June-July
Long Weekends, Special Needs child siblings and parents. Boating on accessible pontoon boats and campfires on the beach.

SOCIAL ACTIVITIES:

Year-round, inclusive.
For more information or to register for activities visit www.nmml.net or email jettjock1@gmail.com.

GROWING TOGETHER:

Building and tending flowerbeds, ground level and raised. Feeding stations for bees and butterflies.

BREWABLE CAFE

BrewAble is a non-profit cafe in the Alpharetta Community Center. Our mission is to provide meaningful employment and community connections for people with intellectual and developmental disabilities (IDD) by creating opportunities to train, learn, and excel as employees in a cafe setting. Learn about the program, employment opportunities and more at www.brewablecafe.com.

DATE: Monday - Saturday

TIME: Mon-Fri 8am-4pm; Sat 8:30am-2pm

LOCATION: Alpharetta Community Center, 175 Roswell Street

CITY OF JOHNS CREEK

EASTER EGG-STRAVAGANZA

Join us at Park Place for an egg-citing time! The new and unique Easter event is the Spring Party you won't want to miss! Festivities include music, giveaways, eggs, and the Easter Bunny!

AGES: All

LOCATION: Newtown Park, Park Place

COST: Free

DATE: April 16

TIME: 10:30am

MOVIE NIGHT

Join us for Movie Night with your friends and family at Newtown Park. Gather 'round the outdoor movie screen for a fun movie experience. All movies are rated G to PG. Titles are announced one week prior to event. Guests can bring their own food, blankets, and lawn chairs.

AGES: All

LOCATION: Newtown Park - Amphitheater

COST: Free

DATE: May 13 & October 21

TIME: 7pm - 9pm



YOUNG ADULT TUESDAY GAME NIGHT

Join friends for Tuesday Game Night! This event is designed for young adults with a developmental disability looking to play games and socialize with friends. Parents are encouraged to drop off young adults for an evening of fun.

AGES: 18+

LOCATION: Newtown Park, Park Place

COST: Free

DATES: Every other Tuesday, Year Round.

TIME: 6:30pm - 8pm



LUNCH WITH SANTA

“Lunch with Santa” gives our special guests time with the Big Elf himself, lots of delectable goodies, music and holiday activities. Parents, don’t forget to bring your camera.

AGES: All

LOCATION: Newtown Park, Park Place

COST: Free

DATE: December 10

TIME: Noon - 1pm

Registration is required and space is limited. Children must be accompanied by an adult (limit of two adults per family). Registration begins November 1 and ends December 4.



CITY OF ROSWELL

BOCCE

This program focuses on socialization and the basic skills of bocce ball. This is an interactive peer-to-peer activity.

AGES: 14+

COST: Free

DATE: Thursdays

TIME: 6pm - 7:30pm

MOVIE NIGHTS

Enjoy pizza and a family friendly movie on the big screen! The movie experience will include a low-light setting, reduced volume, and additional open space to move around freely. Admission fee covers the food provided. Gluten free pizza available with advance notice.

AGES: All

COST: \$4

DATE: Wednesdays

TIME: 6pm - 8pm

Social & Special Events

ADULT SOCIAL GROUP

This group for adults is designed to facilitate friendships while exploring recreation and leisure activities. Increase leisure awareness, leisure independence, and social skills through recreation experiences. Dance events include dinner. Annual Membership.

AGES: 18+

COST: \$20 Residents - \$30 Non-Residents

DATE: Wednesdays

TIME: 6pm - 8pm



YOUTH SOCIAL GROUP

This group is designed to explore recreation and leisure while building, and strengthening social skills. Snacks provided.

AGES: 12 - 17

COST: \$20 Residents - \$30 Non-Residents

DATE: Wednesdays

TIME: 6pm - 8pm



ADAPTIVE FRIENDSHIP CAMPS

Visit www.socialskillstoday.com for more info.

AGES: 4+

COST: \$350/ week





Community Partners

CITY OF ALPHARETTA

Alpharetta Recreation and Cultural Services Department offers a wide variety of classes, programs and activities for the entire family throughout the year. The department strives to promote the highest quality recreation programs and facilities for citizens of all ages and abilities.

General Information

Alpharetta Community Center
175 Roswell Street
678-297-6100
Mon-Thu 8:30 a.m.-9 p.m.
Fri 8:30 a.m.- 7 p.m.
Sat 8:30 a.m.- 4 p.m.
Register online at: Alpharetta.ga.us/recreation

ALPHARETTA YMCA

The YMCA of Metro Atlanta is an association of volunteers, members and staff, open to and serving all, with programs and services which build spirit, mind, and body. Financial assistance is available based on need. The YMCA actively seeks to identify and involve those in need.

General Information

3655 Preston Ridge Road
770-664-1220
Mon - Thu 5 a.m. - 9:30 p.m.
Fri 5 a.m. - 9 p.m.
Sat 7 a.m. - 6 p.m.
Sun 8 a.m. - 6 p.m.
ymcaatlanta.org/ymca-locations/alpharetta/

LIONHEART LIFE CENTER

The Lionheart Life Center provides individuals with autism and other neurodevelopmental challenges a comprehensive range of educational, therapeutic and vocational services to maximize the potential for their highest level of independence.

General Information

225 Roswell Street
Alpharetta, GA 30009
770.772.4555
schooloffice@thelionheartschool.com

NORTH METRO MIRACLE LEAGUE

The North Metro Miracle League provides supportive programming for children, youth and adults with disabilities focused on healthier, more active lifestyles, social competence, and emotional well-being.

General Information

John McLaughlin
Executive Director
770-777-7044
jettjock@mindspring.com
www.nmml.net/home/

CITY OF JOHNS CREEK

Johns Creek Recreation and Parks is committed to enhancing the well being of its residents and visitors through comprehensive recreation and park programs, facilities, and services.

Programming within the parks includes activities and sports for youth and people of all ages, abilities, and backgrounds.

CITY OF MILTON

The City of Milton Parks and Recreation Department develops and maintains a system of parks and recreational resources to welcome visitors and enhance the well-being of Milton residents.

CITY OF ROSWELL

The Roswell Recreation, Parks, Historic & Cultural Affairs Department continues to strive to meet the leisure needs of the citizens of Roswell by providing quality, comprehensive recreational opportunities as well as unique, engaging, and inclusive parks and facilities. For more information please visit the City of Roswell website at www.Roswellgov.com/adaptive or email adaptiverecreation@roswellgov.com.

ROSWELL SPECIAL NEEDS ADVOCACY GROUP

Parents and caregivers are invited to come to our monthly meetings to help plan and implement programs. Meetings are held at the Roswell Adult Recreation Center.

If you are interested in being on the advocacy group, contact adaptiverecreation@roswellgov.com.

General Information

Newtown Park

3150 Old Alabama Road

Mon - Sun 6 a.m. - midnight

Register online at:

www.johnscreekgov.com/RecreationandParks

General Information

Milton City Hall

2006 Heritage Walk

678-242-2489

Mon - Fri 8 a.m. - 5 p.m.

www.cityofmiltongov.com/residents/special-needs-resources/

General Information

Azalea Park

203 Azalea Dr.

Grimes Bridge Park/ Adult Recreation Center

830 Grimes Bridge Rd.

770-641-3950

Groveland Community Park/ Adult Aquatic Center

200 Dobbs Drive

770-641-3982

Waller Park Recreation Center

250 Oak St.

770-641-3996



A group of people is gathered outdoors, holding a large rainbow flag. The flag is the central focus, with its vibrant colors of red, orange, yellow, green, and blue. In the background, several people are visible, some wearing white shirts with red accents. The scene is set on a grassy area with trees in the distance.

**"Some of
the most
amazing
people are
the ones
who don't fit
into boxes."**

-Tori Amos



SERVICES & EXPO

Creating community connections

City of Alpharetta
2 Park Plaza
Alpharetta, GA 30009
678-297-6000
Alpharetta.ga.us

City of Johns Creek
11360 Lakefield Drive
Johns Creek, GA 30097
678-512-3200
info@johnscreekga.gov
JohnsCreekGa.gov

Ed Isakson YMCA
3655 Preston Ridge Road
Alpharetta, GA 30005
770-664-1220
YMCAatlanta.org

City of Milton
2006 Heritage Walk
Milton, GA 30004
678-242-2500
info@cityofmiltonga.us
CityofMiltonGa.us

City of Roswell
38 Hill Street, Suite 100
Roswell, GA 30075
770-641-3950
Roswellgov.com