



Mon	Tue	Wed	Thu	Fri
<p><i>AARP Tax Aide begins February 6. More details to follow.</i></p>		<p>1</p> <p>Park Place Closed</p> 	<p>2</p> <p>11:30 am: Canasta 2 pm: Gentle Yoga</p>	<p>3</p> <p>9 am: Bocce 10:30 am: Social Singers</p>
<p>6</p> <p>9 am: Bocce 9 am: Functional Fitness 9 am: Social Bridge 10 am: Caregiver Suppt 12:45 pm: Yoga/Quigong 2 pm: Gentle Yoga</p>	<p>7</p> <p>9:15 am: Core Strength 10:15 am: SS Line Dance 11:30 am: Canasta 2 pm: Strength & Mobility</p>	<p>8</p> <p>9 am: Bocce 9 am: Functional Fitness 10 am: Wed. Walkers 10 am: Knit/Crochet</p>	<p>9</p> <p>9:15 am: Core Strength 10:15 am: SS Line Dance 11:30 am: Canasta 2 pm: Strength & Mobility 2 pm: Gentle Yoga</p>	<p>10</p> <p>9 am: Bocce 9 am: Zumba Gold 10 am: Yoga for Seniors 10:30 am: Mahjong</p>
<p>13</p> <p>9 am: Bocce 9 am: Functional Fitness 9 am: Social Bridge 10:30 am: ART 2 pm: Gentle Yoga</p>	<p>14</p> <p>9:15 am: Core Strength 10:15 am: SS Line Dance 11:30 am: Canasta 2 pm: Strength & Mobility 2 pm: TechSmart: Device Tech Support</p>	<p>15</p> <p>9 am: Bocce 9 am: Functional Fitness 10 am: Wed. Walkers 10 am: Knit/Crochet 12 pm: Lunch & Learn: Mental Health Workshop Fitness Class Registration Day</p>	<p>16</p> <p>9:15 am: Core Strength 10:15 am: SS Line Dance 11:30 pm: Canasta 2 pm: Strength & Mobility 2 pm: Gentle Yoga</p>	<p>17</p> <p>9 am: Bocce 9 am: Zumba Gold 10 am: Yoga for Seniors 10:30 am: Social Singers 10:30 am: Mahjong</p>
<p>20</p> <p>Park Place Closed</p> 	<p>21</p> <p>9:15 am: Core Strength 10:15 am: SS Line Dance 11:30 am: Canasta 1 pm: National Popcorn Day 1:30 pm: Movie: The Young Woman and the Sea 2 pm: Strength & Mobility</p>	<p>22</p> <p>9 am: Bocce 9 am: Functional Fitness 10 am: Wed. Walkers 10 am: Knit/Crochet 1 pm: Cooking Workshop: Superfoods</p>	<p>23</p> <p>9:15 am: Core Strength 10:15 am: SS Line Dance 11:30 pm: Canasta 12 pm: Potluck 2 pm: Strength & Mobility 2 pm: Gentle Yoga 6 pm: JCVA Meeting</p>	<p>24</p> <p>9 am: Bocce 9 am: Zumba Gold 10 am: Yoga for Seniors 10:30 am: Mahjong</p>
<p>27</p> <p>9 am: Bocce 9 am: Functional Fitness 9 am: Social Bridge 10:30 pm: ART 12:45 pm: Yoga/Quigong 2 pm: Gentle Yoga</p>	<p>28</p> <p>9:15 am: Core Strength 10 am: Book Club 10:15 am: SS Line Dance 11:30 am: Canasta 2 pm: Strength & Mobility</p>	<p>29</p> <p>9 am: Bocce 9 am: Functional Fitness 10 am: Wed. Walkers 10 am: Knit/Crochet 2 pm: TechSmart: Health & Fitness Apps Class</p>	<p>30</p> <p>9:15 am: Core Strength 10:15 am: SS Line Dance 11:30 pm: Canasta 2 pm: Strength & Mobility 2 pm: Gentle Yoga</p>	<p>31</p> <p>9 am: Bocce 9 am: Zumba Gold 10 am: Yoga for Seniors 10:30 am: Mahjong</p>